



Mission Statement

Lebanon Project is a USATF and AAU sanctioned training group whose mission is to help build track and field and cross-country at all levels. It is also the home of youth and high school camps and clinics throughout the year.

Purpose

We hope to provide a unique experience in the metro-east to teach the best concepts in track and field to the youth of our area while encouraging habits of excellence in all aspects of our athlete's lives. We want to be more than just a team as we look to build a family within our community.

2018-2019 Budget Analysis/Financial Report

August 1st, 2018 - July 31st, 2019

Beginning Funds: \$439
Total Income: \$7,504
Total Expenditures: \$8,154
Net: \$-211

Income

Membership Fees: \$5,350
Private Lessons: \$219
Merchandise: \$237
Meet Reimbursements: \$1,215
Fundraising: \$484
Fraud: \$00.00

Expenditures

Business Expenses: \$590
Entry Fees: \$1,999
Gear: \$1,359
Dues: \$430
Meet Expenses: \$2,967
Equipment: \$00.00
Training/Practice Fees: \$470
Fundraising Expenses: \$340
Employee Payroll: \$00.00



Membership Pay Structure

Lebanon Project is a 501 c 3 non-profit organization as well as USATF and AAU Club cross country and track and field teams for youth, Junior, and elite groups. Our membership year begins August 1st and concludes July 31st of the following year. The pay structure is as follows:

New Membership Costs

Training* only (Aug 1st - July 31st) \$300

Training* only (June 1st - July 31st) \$150

Training* and Competition (Aug 1st - July 31st) \$400

Training* and Competition (June 1st - July 31st) \$200

Graduating seniors Training*/** and Competition (must return competition gear) \$100

Returning Member Dues

Training* only (Aug 1st - July 31st) \$200

Training* only (June 1st - July 31st) \$100

Training* and Competition (Aug 1st - July 31st) \$300

Training* and Competition (June 1st - July 31st) \$150

College students [LP alumnus] (June 1st - July 31st) \$50

Membership Details

- All members must participate in a fundraiser project (TBD)
- All members are responsible for travel to any meets (including qualification meets)
- The first 2 meet fees will be paid for by Lebanon Project for all meets included in the indoor and outdoor seasons (included in dues/fees), all following must be reimbursed by the competitor.
- New or renewed memberships includes a t-shirt

*All training sessions comply with IHSA rules. During the cross country season (dates indicated by the IHSA regulation and calendar generally late August through early November) Lebanon Project does not hold cross country practice (any running activities on grass), however, we do hold track practices throughout the summer, fall, and winter.

**Only available for those individuals joining after March 1st of the competition year.



Participant Waiver

Participant: _____

I hereby acknowledge that I have voluntarily elected to participate in the Lebanon Project** to be held in and around Lebanon IL. In consideration for being permitted by The Lebanon Project to participate in the Event or Activity, I hereby acknowledge and agree to the following.

Voluntary Participation: I acknowledge that my participation is elective and voluntary and that my participation is not required by the organization.

Rules and Requirements: I acknowledge that the organization has the right to terminate my participation in the Event/Activity if it is determined that my conduct is deemed contrary to established rules and detrimental to the best interests of the group.

Release & Waiver of Liability: I, on behalf of myself, my personal representatives, heirs, executors, agents, and assigns, hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE the team, its governing board, directors, officers, employees, agents, volunteers, and any students (hereinafter referred to as "Releases") for any and all liability. I further agree the Lebanon Project is not in any way responsible for any injury or damages of any kind that I may sustain as a result of my participation.

Personal Medical Considerations: I acknowledge that I am responsible for the cost of any and all medical and health services I may require as a result of participating in the Event/Activity. I further acknowledge and understand that Releases may not have medical personnel at the location of the Event/Activity. In the event of any medical emergency, I authorize medical care that team personnel deem necessary.

I HAVE READ THIS AGREEMENT AND FULLY UNDERSTAND ITS TERMS. BY MY SIGNATURE I REPRESENT THAT I AM AT LEAST EIGHTEEN YEARS OF AGE OR, IF NOT, THAT I HAVE SECURED BELOW THE SIGNATURE OF MY PARENT OR LEGAL GUARDIAN AS WELL AS MY OWN. I UNDERSTAND THIS WAIVER COVERS ALL EVENTS/ACTIVITIES BETWEEN AUGUST 1, 2019 TO JULY 31, 2020.

Signature of Participant and Parent or Guardian(If under 18):

Participant

Parent/Guardian

Date: _____

** When referring to Lebanon Project; this includes all coaches, staff, events, and facilities utilized and rented by the USATF club team Lebanon Project, the AAU club team Lebanon Project, and the 501 C 3 The Lebanon Project non-profit organization.



Participant Registration

FULL NAME	
STREET ADDRESS	
CITY	
STATE, ZIP	
PARTICIPANT PHONE	
PARTICIPANT EMAIL	
SOCIAL MEDIA/S	
DATE OF BIRTH	

PARENT NAME	
PARENT PHONE	
PARENT E-MAIL	

EMERGENCY CONTACT INFO (IF DIFFERENT THAN PARENT)	
CONDITIONS, INJURIES, AILMENTS	
USATF ID (if applicable)	

T-SHIRT SIZE	
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FOR STAFF ONLY:

T-SHIRT DISTRIBUTED:
 JERSEY DISTRIBUTED:
 PAYMENT RECEIVED:
 ADDED TO WEBSITE:

USATF MEMBERSHIP ESTABLISHED/RENEWED:
 USATF NUMBER: _____
 AMOUNT DUE/RECEIVED: _____



Participant Agreement

Participant: _____

Parent signature acknowledging ALL below if under 18: _____

I hereby acknowledge the following (please initial next to each):

AGREEMENT

<input type="checkbox"/>	I acknowledge and release all head shots and action shots (practice/competition) to be used on all Lebanon Project social media and subsequent websites.
<input type="checkbox"/>	I acknowledge I must participate in any and all fundraisers initiated by the Lebanon Project staff.
<input type="checkbox"/>	I acknowledge I must provide Lebanon Project with proof of birth via one of the USATF approved methods.
<input type="checkbox"/>	I acknowledge there is a 50% refund should I join between 8/1 and 12/31 AND quit/relinquish membership prior to 12/31 of that same year. There are no refunds following 12/31 of the 8/1 - 7/31 membership period.
<input type="checkbox"/>	I acknowledge all team travel costs must be covered by the competitor unless otherwise specified and all entry fees following the first two the athlete commits to attending.
<input type="checkbox"/>	I acknowledge all practices are voluntary (unless explicitly requested by staff [relay practice, etc.]) and the coaching staff may change/alter/cancel any and all scheduled practices for any reason.

TEAM RULES

<input type="checkbox"/>	I hereby acknowledge the team rules as provided to me by the Lebanon Project staff (also available for download on lebanonproject.org).
<input type="checkbox"/>	I acknowledge I will not be refunded membership fees should I be dismissed due to violation of team rules.

COSTS

NEW MEMBERS	
<input type="checkbox"/>	PRACTICE ONLY (no competition eligibility): I hereby acknowledge to pay \$300 to become a member of Lebanon Project for the duration of 8/1/2019 to 7/31/2020. I acknowledge the benefits listed below in RED.
<input type="checkbox"/>	COMPETITION: I hereby acknowledge to pay \$400 to become a member of Lebanon Project for the duration of 8/1/2019 to 7/31/2020. I acknowledge the benefits listed below in RED and GREEN.
RENEWING MEMBERS	
<input type="checkbox"/>	PRACTICE ONLY (no competition eligibility): I hereby acknowledge to pay \$200 to become a member of Lebanon Project for the duration of 8/1/2019 to 7/31/2020. I acknowledge the benefits listed below in RED.
<input type="checkbox"/>	COMPETITION: I hereby acknowledge to pay \$300 to become a member of Lebanon Project for the duration of 8/1/2019 to 7/31/2020. I acknowledge the benefits listed below in RED and GREEN.

All checks should be made out to: The Lebanon Project
720 N. Monroe St.
Lebanon, IL 62254

Indoor Tentative Schedule

LEBANON PROJECT



**SATURDAY
JANUARY 18TH, 2020**

[ARKANSAS HS INVITATIONAL](#)
ARKANSAS UNIVERSITY



**SATURDAY
JANUARY 18TH, 2020**

[MIZZOU HIGH SCHOOL SERIES #1](#)
UNIVERSITY OF MISSOURI



**SATURDAY
FEBRUARY 1ST, 2020**

[MUSIC CITY HS INDOOR INVITATIONAL](#)
VANDERBILT UNIVERSITY
NASHVILLE, TENNESSEE
[PREVIOUS YEARS CUTOFF LIST](#)
ENTRIES DUE 1/28/20



**SUNDAY
FEBRUARY 9TH, 2020**

[MIZZOU HIGH SCHOOL SERIES #2](#)
UNIVERSITY OF MISSOURI



**SUNDAY
FEBRUARY 23RD, 2020**

[MIZZOU HIGH SCHOOL SERIES #3](#)
UNIVERSITY OF MISSOURI



**FRIDAY-SUNDAY
MARCH 13-15TH, 2020**

[NEW BALANCE NATIONALS INDOOR](#)
THE ARMORY IN NEW YORK CITY
[QUALIFYING STANDARDS](#)

IMPORTANT:

All indoor meets are for high school athletes only. Student/athletes from Illinois may not participate in any team activity with or representing Lebanon Project after 7 days following their high school's first date of scheduled practice without written consent of their athletic director.